



Thank you for choosing to nominate someone in your life for the Leadership Breakthrough One Virtual experience! We are excited to continue to meet the needs of our Rapport family in new ways.

LEADERSHIP BREAKTHROUGH ONE VIRTUAL:

The Leadership Breakthrough One Virtual experience is designed to provide the same outcomes and results as the in-person Leadership Breakthrough One. While a few of the processes have been modified, each remains in full alignment with the purpose and original objectives. Leadership Breakthrough One Virtual presents and reinforces the same lessons and anchors that are integral to the in-person training.

POWER PACKS:

Power Packs continue to be an ongoing tradition for students in their Leadership Breakthrough One experience. Power Packs are created to support your colleagues, family members, or friends as they attend their training.

The most important part of the Power Pack is the cards in which you write encouraging notes to your nominee. By all means, share your experience, what you thought and felt as you were going through the training. Be straightforward, sincere, and from your heart. Remember, the idea of the Power Pack is to enhance your nominee's experience.

In addition to the cards, you may want to include other fun and/or useful items in the Power Pack. Be creative!

Here are some suggestions:

- » Supportive and encouraging cards
- » Throat lozenges
- » Lip balm
- » Mints, hard candy
- » Tissues
- » Eye drops
- » Pencil case/envelope/baggie for their phone (*Suggestion: On the outside, write, "For your cell phone. It's OK to unplug!"*)
- » Colored pens/highlighters
- » Blue light blocking glasses
- » Snacks
- » Fun items for them to wear during the First Half of the Final Exam (*ex.: Superhero cape, crown, etc.*)

Use the follow ideas for creating your empowering personal messages:

CARD 1

First evening of the training

Write on the outside of the envelope, "Open before you log into Zoom for the first evening."

Ideas for your own personal message:

- » Give 100%
- » Keep an open mind
- » Trust the process, everything happens for a reason
- » Good Luck!

CARD 2

Morning of the second day of training

Write on the outside of the envelope, "Open at breakfast or before you log into Zoom on the second morning of training." Use Mr./Ms. and their last name now.

Ideas for your own personal message:

- » Use enthusiasm today!
- » Today is a great day!
- » It is OK to have fun!

CARD 3

Evening of the second day of the training

Write on the outside of the envelope, "Open at dinner on the second day of the training." Use Mr./Ms. and their last name.

Ideas for your own personal message:

- » Hold yourself and your team accountable
- » Give 100%
- » Raise the bar!
- » Just focus and do it!

Optional additional card:

If you have a close relationship with your nominee, include an additional card for the second night of their training to be opened before they go to sleep.

CARD 4

Morning of the last day of the training

Write on the outside of the envelope, "Open at breakfast or before you log in on the last day of the training." Use Mr./Ms. and their last name.

Ideas for your own personal message:

- » You are about to begin the 1st half of your final exam
- » Hold yourself and your team accountable
- » Give 100% - heart, body, and soul!
- » Put everything you have learned to use
- » No armor on the back!

CARD 5

Graduation of the last day of the training

Write on the outside of the envelope, "Open after graduation on the last day of the training." Use Mr./Ms. and their last name.

Ideas for your own personal message:

- » Congratulations!
- » For the new graduate: **Share from your heart**
(Remember your graduation day feeling!)

The above ideas are only suggestions. Write encouraging and personal comments that will empower your nominee.

Thank you for giving the gift of encouragement and support!

Team Rapport

